



# “IS FLAVORED MILK GOOD FOR MY KIDS?”

(Nutrition message, check the [link](#))



## FEBRUARY - 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Chicken Hot Dog & Corn on the Cob	2 <b>Chocolate Sale STARTS</b> Macaroni & Cheese	3 Sub Sandwich (Italian Mortadella)	4 Karmir Pilaf with Beef	5 Cheese Pizza & Veggies	6
7	8 <b>Mid-Term Exams START 6<sup>th</sup>-8<sup>th</sup> Grades</b> Chicken Taco with Corn	9 Spaghetti with Beef & Tomato Sauce	10 <b>Mid-Term Exams END</b> Lentil Soup with Boreg	11 <b>NO SCHOOL</b> ժի 3 ը 13 ԿՅ ԿՕ ի սԿ St. Vartanants Day	12 <b>NO SCHOOL</b> Prelacy Schools Professional Development Day	13
14 VALENTINE'S DAY 	15 <b>NO SCHOOL</b> President's Day 	16 Spaghetti with Beef & Tomato Sauce	17 Homemade Hamburger Steamed Veggies	18 <b>PSC meeting</b> Grilled Chicken Mashed Potatoes	19 Cheese Pizza & Veggies	20
21	22 Karmir Pilaf with Beef	23 Luleh Kebob Sandwich	24 <b>Bake sale Churros &amp; hot chocolate \$2.00</b> Fish & Chips Steamed Veggies	25 Lahmajun & Yoghurt	26 <b>FREE DRESS</b> Cheese Pizza & Veggies	27 <b>35<sup>th</sup> Anniversary Gala Banquet</b>
28						

**ALL LUNCHEs: \$4.00 (INCLUDES A HEALTHY BEVERAGE\*) VEGETABLE & FRUIT)**

\* WATER, MILK, CHOCOLATE MILK, WILL BE ALTERNATED ON A DAILY BASIS.

**Coupon Sale Hours: 7:50 -8:45 A.M. & 9:50 -10:45 A.M.**